

THE WISDOM KEEPERS COLLECTIVE TRANSFORMATION SPREAD





SUPPLEMENTAL PDF FILE

Thank you so much for participating in this webinar! My deepest intention with this *Collective Transformation Spread* has been to call in the Wisdom Keepers for guidance, on behalf of all of us!

If you've been drawn to this gathering, you may be feeling, like me, just how paradoxical the times that we're living in are. So many wonderful things are happening. People are waking up all over the world. And at the same time, when we look around, it can seem like all that exists is suffering, oppression and corruption. We are experiencing unprecedented levels of divisiveness, injustice, survival threat and sensory overload. Our capacity to open our hearts, relax our nervous systems and cut through the noise has never been more tested.

If we're going to not only survive, but thrive as a species, we're going to need to learn how to honor and respect our differences, while acknowledging and embracing our interconnectedness. We're also going to have to learn how to stay grounded, present and caring, even when we're in the middle of an overstimulating, anxiety-provoking and mind-and-heart-numbing storm.

The four Wisdom Keepers that have come to us in this *Collective Transformation Spread* embody the very kind of peace, love and understanding that I deeply long to see in the world... and experience in myself.

-  *The Wisdom Keeper of Guidance and Virtue* came to represent the challenge we're all facing together, as a human family.
-  *The Wisdom Keeper of Peace and Diplomacy* came to reflect the desired outcome, blessing and opportunity that can grow out of our shared crisis.
-  *The Wisdom Keeper of Revolution and Rebirth* came to reflect the shadow theme that is most in need of our attention and embrace right now, if we are to meet this crisis with grace.
-  And finally, *the Wisdom Keeper of Humanity and Compassion* came to show us the ultimate gift we have the potential to give birth to, in ourselves, and in the world around us.

For each of these Wisdom Keepers, I've prepared some supportive and relevant questions for you to take with you into your private contemplations. Please feel free to use them as journal prompts, or as contemplations that you can bring into conversations with the people in your life. I encourage you to invite your friends, families, fellow activists, wisdom seekers and creative collaborators into your inquiry.

If you're a professional Wisdom Keeper, find creative ways to bring these themes into your service. Share your evolving insights with your clients, students and followers. Encourage their contribution to the dialogue. My deepest hope is that these four Wisdom Keepers can inspire all of us to some kind of action, to engage with the world more deeply, generously and courageously.

If you already have a Wisdom Keepers Oracle Deck, you may notice that the questions I share here in this Supplemental Guide are different than those provided in the Wisdom Keepers Inner Guidebook. This is because this is a Collective Reading. I've made changes to the questions in order to address the larger Collective Transformation we're working with together.

For those of you who feel drawn to continue working with the Wisdom Keepers, go to WisdomKeepers.net and sign up for my email list to stay up-to-date on Wisdom Keepers-related courses. Soon, as I described in the webinar, I will be offering an online course called ***The Wisdom Wheel of Integrity***. If you enjoy this webinar, you will really love this course! You'll be able to work with your own deck and go much deeper into your own individual exploration.

In this PDF file, you'll find many questions to explore with your personal and professional communities. Feel free to choose or hone in on those questions that feel most relevant to you and your current situation. I've left a bit of space after each question, in case you want to jot some notes down for yourself.

The ***Wisdom Keepers Oracle Deck*** and ***Inner Guidebook*** are deeply connected to the 64 hexagrams of the I'Ching, the 64 Gates in the Human Design System (brought to the world by Ra Uru Hu), and the 64 Gene Keys, brought to us by Richard Rudd, a world myth teacher, award winning poet and author of [The Gene Keys: Unlocking the Higher Purpose Hidden in Your DNA](#).

While the Wisdom Keeper Oracle Deck stands happily on its own, I've also intended it to act as a warm welcome into the world of the Gene Keys. I highly recommend that anyone who feels drawn to this Oracle Deck consider exploring and purchasing **The Gene Keys** as an unfathomably enriching companion to your process. If you feel a positive stirring inside, you shall not regret taking this leap!

CARD ONE:

THE WISDOM KEEPER OF GUIDANCE AND VIRTUE



“The real leader is the ultimate listener.”

~ Richard Rudd

Gift: Guidance

Shadow: Division

Siddhi: Virtue

RECLAIMING YOUR POWER

Where and to whom are you giving away your power?

Where are you still hiding – especially in relation to what is happening in the world around you and the challenges we're facing as a collective?

Are there ways you could engage more and make more room for your unique voice? What might those be?

What holds you back from facing our shared challenges head (and heart) on? (e.g. a fear, a shyness, a relationship, a past difficult experience, an ambivalence, etc.)

EMPOWERING AND RESPECTING OTHERS

Is there anyone who has given you their power or is looking to you to tell them what to do, how to think, how to respond to what is happening in the world? Is there a part of you that likes this power? If you sense it is time to give it back, how might you go about doing that? What are your concerns?

Do you ever feel tempted to push your personal opinions or political agenda on others with intensity, force or rigidity, even though you know it's probably not the best idea? Can you think of a time when you gave into this impulse? Where were you? What happened? How were you and others impacted?

Are there certain people in your life that you feel (or have felt) tempted to ‘unfriend,’ cut off or shut down your heart to, because of a difference of opinion or perception? Who are these people? Think of each person, one at a time. See if you can find one thing about each of them that you can **honestly** appreciate, respect, relate to or have compassion for. Write it down. If it feels like a healthy stretch for you, consider sharing a genuinely positive acknowledgement with this person. Be open to what happens.

How can you listen more deeply to the needs of others...to the opinions of others... to the feelings, fears and needs beneath the opinions of others, even if it’s difficult? What might give you the ability to do that? What kind of support might you need to deepen your listening?

Under which circumstances do you feel safe engaging in dialogue with people you’d normally consider a ‘them’? Are you willing to seek out and cultivate these conditions and circumstances? Do you have a friend or colleague who might be willing and happy to join you in this effort?

HOW WOULD YOU MOST LOVE TO SERVE THIS WORLD?

“We are notes in this beautiful concert of existence. If we don’t play ourselves, nobody will.”

~ Rodrigo de Souza, from the TV show, Mozart in the Jungle

We’re all different. Not all of us are built to take to the streets, call congress people, or write a blog, but all of us are built to play a part. While it’s good to be on our growth edge, it’s also important to act in alignment with our nature, and what we love.

I invite you to think of one way in which you can serve this world, given what is happening, that keeps you on your just-right growth edge AND in alignment with your passions.

Where is your loving Guidance most needed now? Look around you and your life and community, and ask yourself, “Where is my wisdom needed...and wanted?”

YOUR VIRTUOUS ROLE MODELS

Think of the people in your life who have acted as empowering, compassionate and virtuous guides. Write down their names and the main ways they positively guided you along your path.

Think of someone in the public scene today who is addressing what is happening in a way that you resonate with, respect and feel inspired to emulate. It could be an astrologer giving a larger perspective, an activist, a monk, a comedian, or a theater company member dedicated to bringing people together in honor of reconciliation. What are the qualities you love most about this person? Write them down here.

Pick one quality to intentionally integrate into your way of being, listening and doing today. Feel free to doodle a little symbol below that reflects or reminds you of that quality.

CARD TWO:

THE WISDOM KEEPER OF PEACE AND DIPLOMACY



“Emotional maturity means that your awareness operates even during the most profound emotional states.”

~ Richard Rudd

Gift: Diplomacy

Shadow: Conflict

Siddhi: Peace

WHEN PEACE-MAKING GETS IN THE WAY

How do you tend to avoid uncomfortable feelings, especially in relation to disturbing world events? Do you tend to do a lot of peacemaking, or making sure that no boats get rocked? Who might you have inherited this tendency from?

Can you think of a time when your desire to ‘make peace’ either made things worse, kept an important voice from being heard, or prevented a constructive conversation from taking place?

EXPLORING YOUR RELATIONSHIP WITH CONFLICT

Have you noticed a tendency in yourself to overreact or exacerbate conflict? Does this tendency flare up in certain contexts, or around certain individuals? When, and with whom? Who might you have inherited this tendency from?

Write or share how your particular ways of coping with conflict have influenced your relationships. Who was your most influential ‘coping’ model – for the good or bad?

Is there a current conflict or situation in your life where you are feeling particularly defensive? Be honest with yourself. Where are you feeling most guarded? Who are you having the hardest time letting in and listening to with an open mind and heart?

WHAT IF YOU CHANGED THE PATTERN?

If you have a tendency towards people-pleasing or peacemaking, what do you fear might happen if you stopped? Might you share more openly and honestly about your values and beliefs with your friends, family, colleagues, mentors/teachers, spiritual community members, students, etc.? Might you take more bold and public action? Might you share more vulnerably about how others' beliefs, values and actions are impacting you, or the people you care about?

OWNING YOUR CORE VALUES

Name three of your deepest, most core values – when you think about world events and the state of humanity.

Who in your life is aware that you hold these core values? Who isn't? Where or when has publicly owning or sharing your values felt difficult? Which fears or concerns have tended to hold you back the most?

Remember a time when you were able to express and stand by your core values. If you managed to successfully reach the people around you at that time, was there something about the way you expressed yourself that contributed to the successful interaction? Was there something about the way others listened?

Have you ever sensed that someone else has been hiding their feelings or core values from you? Why do you think that might be? Could they be afraid of your judgment, or your sensitivity? Of conflict or a relational rift? If you wanted to create a safe bridge or soften the lines of communication between you and this person, how might you start that process?

INVITING OUT YOUR INNER DIPLOMAT

Think of an area in your life where a little Diplomacy could go a long way. Is there a place you're particularly suited to bringing the art of Diplomacy into your interactions? Around the family dinner table? With other policy makers? With your clients or students? Amongst colleagues? Through your public writing or speaking?

Choose a simple way to cultivate inner peace in your life today. And/or, choose to implement one outer act of Peace.

CARD THREE:

THE WISDOM KEEPER OF REVOLUTION AND REBIRTH



*“As long as you see your own people as good and others as evil,
you remain a prisoner of the 49th Shadow.”*

~ Richard Rudd

Gift: Revolution

Shadow: Reaction

Siddhi: Rebirth

WHEN HARMONY GETS IN THE WAY

Do you often prioritize harmony over aliveness, depth or honesty?

What ways might you be sitting on your life energy, passion or truth, in order not to make waves? What might you do, say, or speak in relation to something important to you, if you were willing to sacrifice a little harmony?

EXPLORING YOUR RELATIONSHIP WITH REJECTION

Have you ever pushed someone away before they came too close? Or rejected someone before they had the chance to reject you?

Think about your response to what is happening in the world right now and to the people around you. How might a fear of rejection be operating in your life, and keeping you from full-heartedly participating in a peaceful revolution?

A couple of examples to get you thinking:

Perhaps you come from a family of political activists who look down on your spiritual orientation, and because you've felt so rejected and judged by them, you've tended to look down on people who try to create change in the world through political engagement. Perhaps your experience with your family has prevented you from even considering the possibility of participating in something like that for yourself.

Maybe it's the opposite. You might feel very drawn to engaging in the political sphere, but you're surrounded by people who don't get involved at all, either because they're lost in the spiritual clouds, they're just not feeling all that impacted by the changes that are happening, or they actually think what's happening is good. You get the idea.

AN INVITATION TO TAKE A REJECTION PAUSE

The next time you feel emotionally triggered and are tempted to react, lash out or reject someone, ask yourself:

- 🌱 “Could I be feeling rejected right now? Or afraid of being rejected?”
- 🌱 “If I weren’t so afraid of being rejected, how might I hear what they are saying? What might I hear that I’m not hearing when I’m in defensive mode? How might I respond or not respond?”

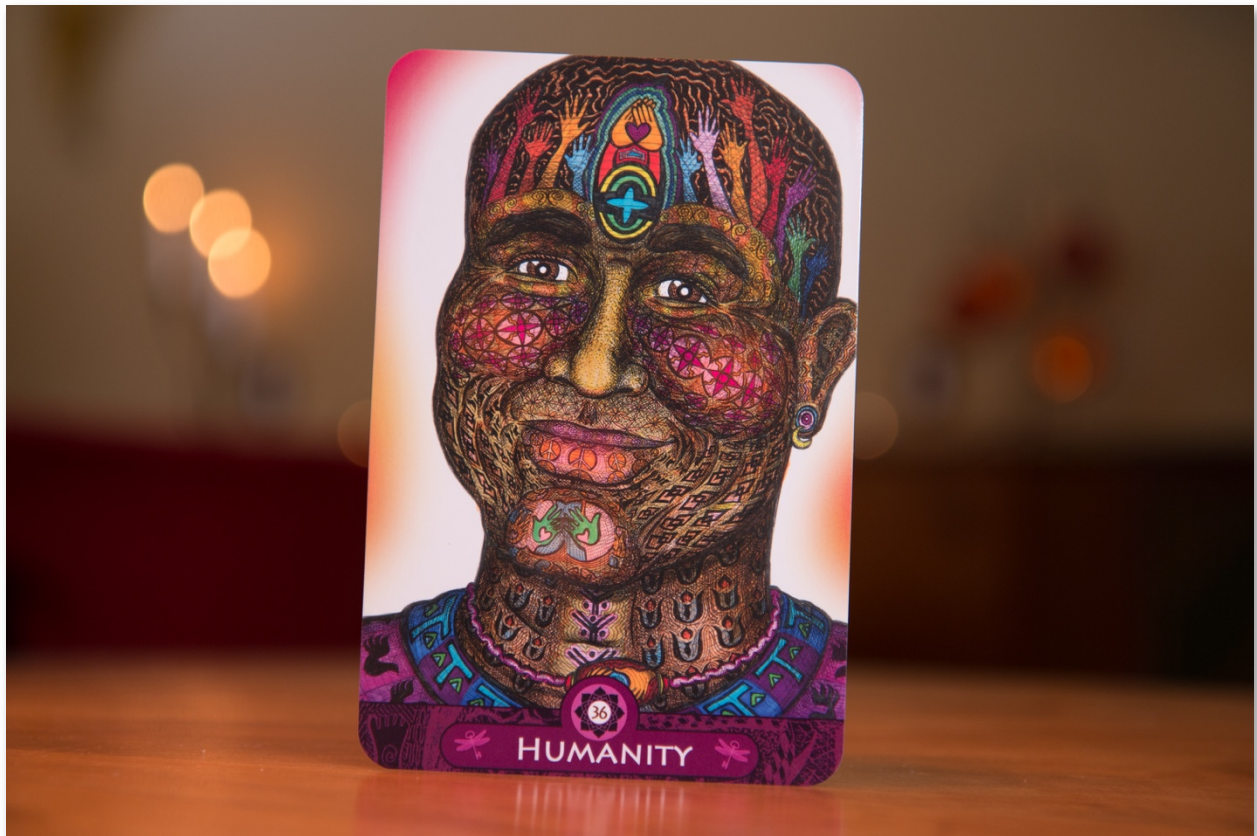
TAKE A REVOLUTIONARY ACT!

What is the most loving Revolutionary act you can do today? (Here are a few possibilities!)

- 🌱 make a piece of revolutionary art
- 🌱 start or sign a petition
- 🌱 call a congress person... or run for congress!
- 🌱 join, donate to or get involved in an organization that represents your core values
- 🌱 reach out with care to an immigrant or refugee or marginalized person
- 🌱 let someone know you love them
- 🌱 write a blog
- 🌱 have a kind and constructive conversation with someone you disagree with
- 🌱 practice a random act of kindness
- 🌱 meditate in the middle of a public space or join an organized meditation
- 🌱 spend time with people you normally reject, expecting to find something in them that you can love and appreciate

CARD FOUR:

THE WISDOM KEEPER OF HUMANITY



*“The deepest role of the 36th Gift is to help humans to become human,
by respecting others and by embracing your own suffering whatever it looks like,
rather than being dragged down into the depths of victimhood.”*

~ Richard Rudd

Gift: Humanity

Shadow: Turbulence

Siddhi: Compassion

EXPLORING THE TURBULENCE IN YOUR LIFE

Where are you avoiding turbulence or change in your life? How is the turbulence of what is happening in the world like a mirror for the turbulence in your personal life? Can you see a correlation between the emotional crises happening around you and one happening within you?

Can you see how addressing the world's turbulence with one of your gifts, talents or passions might help to alleviate your inner turbulence? Are there ways in which your own shadows are inhibiting your ability and willingness to engage positively with your environment?

TAKING A LOOK AT THE INNER (AND OUTER) JUDGE

Which of your own feelings, needs, thoughts and actions do you judge the most as being bad or shameful? Where and when do you have the hardest time seeing and embracing your own humanity?

What do you tend to disapprove of in the people around you? What do you perceive in others as shameful or unforgivable?

Even if you keep it to yourself, where are you seeing only the 'bad seed' in others – either a specific individual, or a group of individuals? Can you find something good in them?

YOUR HUMANITY-LOVING ROLE MODELS

Name the people in your life who have been able to see your Humanity, even when you couldn't see it yourself.

Who are the people on the world stage or larger community, who are able to see through the turbulent emotions and reactions around them and into the hearts of people? Who do you know that can see through fear, find the love beneath it, and bring it out? Contemplate these powerful role models and what it is that allows them to embrace humanity so full-heartedly.

What is one way that you practice Compassion in your life?

Where do you need your own Compassion the most?

ALSO BY ROSY

The Wisdom Keepers Inner Guidebook

(paperback edition for easy reading)

Walking a Fine Line: How to Be a Professional Wisdom Keeper in the Healing Arts

(online course & book)

The Wisdom Wheel of Integrity

(online course & book)

64 Faces of Awakening

(artwork)

The 64 Faces of Awakening Coloring Book

The Designed to Blossom Foundational Course & Creative Workbook in Human Design

(online course & book)

The Designed to Blossom Resource Book

64 Faces Projects

(global outreach)

A Tale of Serendipity

(Part One of The Wisdom Keepers Adventure Tales)



Rosy Aronson, PhD, is an Artist, Blossoming Guide and ordained Spiritual Counselor with a Masters in Expressive Arts Therapy and a Doctorate in Intuitive Listening and the Creative Arts. An avid permission-giver, pressure-dissolver and embracer of the unknown, Rosy believes we are literally designed to blossom, and the more each of us radically trusts, honors and expresses our True Nature, the more magic we can create together.

ADDITIONAL RESOURCES

www.GeneKeys.com

livingartsp Playback.org